

CHAPTER NEWS:

PLEASE CONTACT YOUR ISLAND DIVISION OFFICE TO RSVP AND MAKE SURE ACTIVITIES HAVE NOT BEEN CANCELLED OR RESCHEDULED.

HAWAII CHAPTER:

- October 4 and November 1: BJ's Kanikapila Wednesday. 10:15-11:30 a.m. at the HGEA office. Please bring your own ukulele.
- October 20: Akamai Living Health Fair at the Afook-Chinen Auditorium
- October 28: YWCA Walk a Mile in Her Shoes. Registration from 6-8 a.m. Volunteer set up is the day before, October 27, from 5-7 p.m. Contact Margaret at 808-969-9869.
- October 28 – November 3: Volunteers needed for the Waiakeawaena Elementary School Book Fair. Shifts are from 8:30 a.m.-5:00 p.m. Contact Brenda at 808-300-1461.
- January 17, 2024: Holiday Party

KAUAI CHAPTER:

- October 16: Movie Day at 10 a.m.
- December 4: Christmas Party at 10 a.m.

MAUI CHAPTER:

Call the Maui HGEA Office to register for events at 808-244-5508

- November 14: Hanafuda at 5 p.m.
- November 18: Kihei Spree Trip (see event spotlight for details)
- November 21: Movie Day at 9:30 a.m. Site to be determined.
- January 2024: Holiday Party. Site and date to be determined.

OAHU CHAPTER:

All activities begin at 9 a.m. unless specified otherwise.

- October 3, 17 & 31: Tai Chi
- October 5, 10, 19 & 24: Mahjong
- October 11 & 25: Line Dancing
- October 12: Medicare Enrollment Presentation at 10 a.m. (see event spotlight for details)
- October 13: Movie Day
- October 18 & 26: Crafts

- November 1 & 15: Crafts
- November 2, 9 & 14: Mahjong
- November 6: Bingo
- November 7 & 21: Tai Chi

- January 20, 2024: Holiday Party at the Oahu HGEA Office, first floor conference room.



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Retirees staying active and enjoying the Mauna Kea sunrise on a morning stroll in Hilo. Left to right: Elsie Iida, Debbie Shigehara, Steve Criss, Joann Yokote, Tommy Kiyojima, Myrna Sato and Aileen Obina

WORDFIND

Even though the COVID-19 global health emergency has ended, please consider getting vaccinated to protect yourself and others.

- | | |
|-----------------|---------------------|
| CDC | Johnson and Johnson |
| Care | Mask |
| Contact Tracing | Moderna |
| Contagious | Mouth |
| Cough | Nose |
| Cover | Pfizer |
| Disease | Respiratory |
| Droplets | Risk |
| Eyes | Sneeze |
| Fever | Social Distance |
| Flu | Spread |
| Health | Surface |
| Illness | Vaccine |
| Infection | Virus |
| Isolation | |

Y Q A S T P P H V G P G O S H N C N X S
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HO`OLAHA

PUBLICATION OF THE RETIRED PEOPLE

IN THIS ISSUE

- A Message from Your Administrator
- Event Spotlight: Kihei Spree Trip and Medicare Enrollment Presentation
- ELF's Corner by President Ethel Fleming
- Hawaii | Kauai | Maui | Oahu Island Chapter News
- Word Find

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A MESSAGE FROM YOUR ADMINISTRATOR



“Maui no ka oi,” are words I often heard growing up in Maui. I felt these words in my heart after witnessing the wave of support for the Lahaina wildfire victims.

Thank you to everyone who answered the call to kokua. So many of you went right to work gathering donations and arranging delivery networks with family and friends to provide

essential supplies or services. And many of you are continuing that support because it will be a long road to recovery for Lahaina.

Please know that HGEA will also be providing support for affected Maui members. If you know a member that has been affected by the wildfires, have them contact HGEA.

As this year draws to a close, we have started preparations for the 2024 retirees unit calendar. Please send us pictures of what you have done this year such as places you visited, your favorite garden spot, retiree events or you with your grandchildren.

Be sure to get permission of those in the picture and provide us with the names of everyone when submitting. You can send the pictures via email to Tammy Tanouye at tтанouye@hgea.org.

We have two major upcoming events highlighted on the next page. If you are able to attend, I strongly encourage you to go on the Kihei Spree Trip. A sharp drop in tourism across Maui has weakened its local economy and jeopardized job security for residents.

On Oahu we have a Medicare Enrollment Presentation in October. It's important to have information on this critical healthcare resource, especially if you are eligible to enroll.

Stay safe and mahalo for all your support.

In solidarity,

Mahie

EVENT SPOTLIGHT

KIHEI SPREE TRIP November 18 at 9:15 a.m.

Help us support local! Join fellow retirees in a shopping spree to stimulate the Maui economy. The spree will start at the Shops at Wailea, followed by Wailea Gateway Center for a special tasting at Sweet Paradise Chocolatier and more. We will wrap up the day with a one-hour tour of Maui Brewing Company's production facility. You will have the option to enjoy lunch there following the tour.

ITINERARY:

9:15 a.m. Board the MEO bus at Queen Kaahumanu Center
10:00 a.m. The Shops at Wailea & Wailea Gateway Center
11:45 a.m. Maui Brewing Company Tour (\$20/person)
12:45 p.m. Lunch

*This itinerary is subject to change

REGISTER:

Please contact Sharon at 808-727-0182 or kalohe3@yahoo.com. There are limited seats available, so please register as soon as possible. Registration deadline is October 18.



MEDICARE ENROLLMENT PRESENTATION October 12 at 10 a.m. Oahu HGEA Office, First Floor Conference Room

Are you a retiree turning 65 years old and have not signed up for Medicare? Attend this informational session with Martha Khlopin, managing director of Get2Insurance.

There are more than 250,000 Medicare beneficiaries in Hawaii, with more people aging into Medicare every day. In this 45-minute presentation, Khlopin will cover the following:

- Medicare basics
- Who needs to enroll and when
- How to enroll
- Medicare coordination with retiree, union or health plans
- Q&A

Call Mahie to register at 808-543-0090.



ELF'S CORNER BY PRESIDENT ETHEL L. FLEMING

Mahalo to everyone for your loving acts of kindness and caring toward Maui as they recover from wildfires. The outpouring of gifts from around the world shows how humanity and their sense of "aloha" persists.

Board member Lance Kamisugi recently shared a poem with our directors, and I included it in this issue because it resonated with me after seeing such generosity and compassion for Maui. For those of you impacted by the fires, you have our heartfelt condolences. We are here for you in your time of need.

Please stay connected to HGEA by subscribing to eBlasts online at hgea.org/eblast. This will keep you informed of union news between Ho'olaha issues. We look forward to your participation in upcoming events!

Helping Others

by Kate Summers

Too often the world is full of only about me
Others need help and if only I would be
More generous and caring for others
Realizing at the end of the day we are all brothers.

We all have time to help another
Rather than looking the other way and taking cover.
It may be money, it may be time
It all helps if only a dime.

There is such a need in this world today
To lend a helping hand is certainly a way
We could give back instead of being greedy
The world is full of people who are needy.

Many times it is not their fault
Where they live is under assault
And you never know when the day will come
When you will need a helping hand and some.

So while the times are good for you
Consider others in all you do
Open your eyes and lend a helping hand
There is much we can do and so much demand.

You will find blessings come back to you
And feelings of thankfulness will be true.
You will impact the lives of others in a way
That you may not realize, please help today.